



Teden brezplačnih vadb 3.10.-7.10.2016

PONEDELJEK	
ura	program
07:00-08:00	joga
16:30-17:30	pilates
18:00-19:00	HIIT
19:00-20:00	HIIT

TOREK	
ura	program
18:00-19:00	aikido

SREDA	
ura	program
07:00-08:00	joga
16:30-17:30	HIIT
17:30-18:30	N.I.T.
19:00-20:00	pilates

ČETRTEK	
ura	program
16:30-17:30	pilates
18:00-19:00	aikido

PETEK	
ura	program
16:30-17:30	N.I.T.
19:00-20:00	aikido
20:00-21:00	pilates